

Family life can be a challenge, but you are not alone

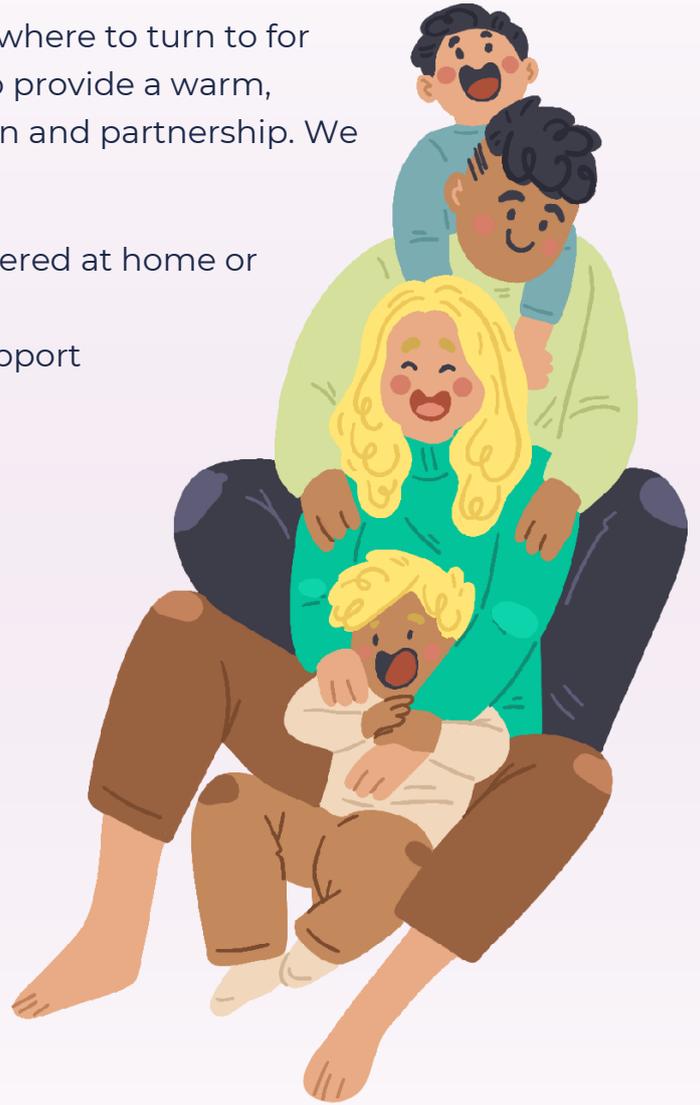
Our Whole Family Relationship Support Service provides families with help and guidance that builds stronger relationships

We believe that every family should have somewhere to turn to for support both in good times and bad. We aim to provide a warm, confidential space that encourages participation and partnership. We offer the following types of support:

- Weekly 1 to 1 support for up to 8 weeks delivered at home or community setting
- Family Lives helpline, email and live chat support
- Parenting workshops and programmes
- Online resources and advice via our website

Our family relationship service is designed to support mums, dads and their families through every step of their journey, from perinatal support to teenage years.

We recognise that each family is unique, so our services are tailored to meet specific need, working within the home, the community or in school we can help develop personalised strategies and provide access to the resources and support to help build happier relationships and happier families.



For more information about this volunteering role, please contact our team:

- Email AdeleW@familylives.org.uk or call 07971 253000
- Email JadeT@familylives.org.uk or call 07703 695819

We build better family lives together

www.familylives.org.uk

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