

Additional Helpful Tools:

Planning My Future Life



One Page Profile

WHAT PEOPLE LIKE AND ADMIRE ABOUT ME

WHAT MATTERS TO ME (IMPORTANT TO)

HOW BEST TO SUPPORT ME (IMPORTANT FOR)

NAME

DATE

WHAT PEOPLE LIKE ABOUT ME

IF I COULD... I WOULD...



WHAT I WANT IN THE FUTURE

WHAT I'M GOOD AT

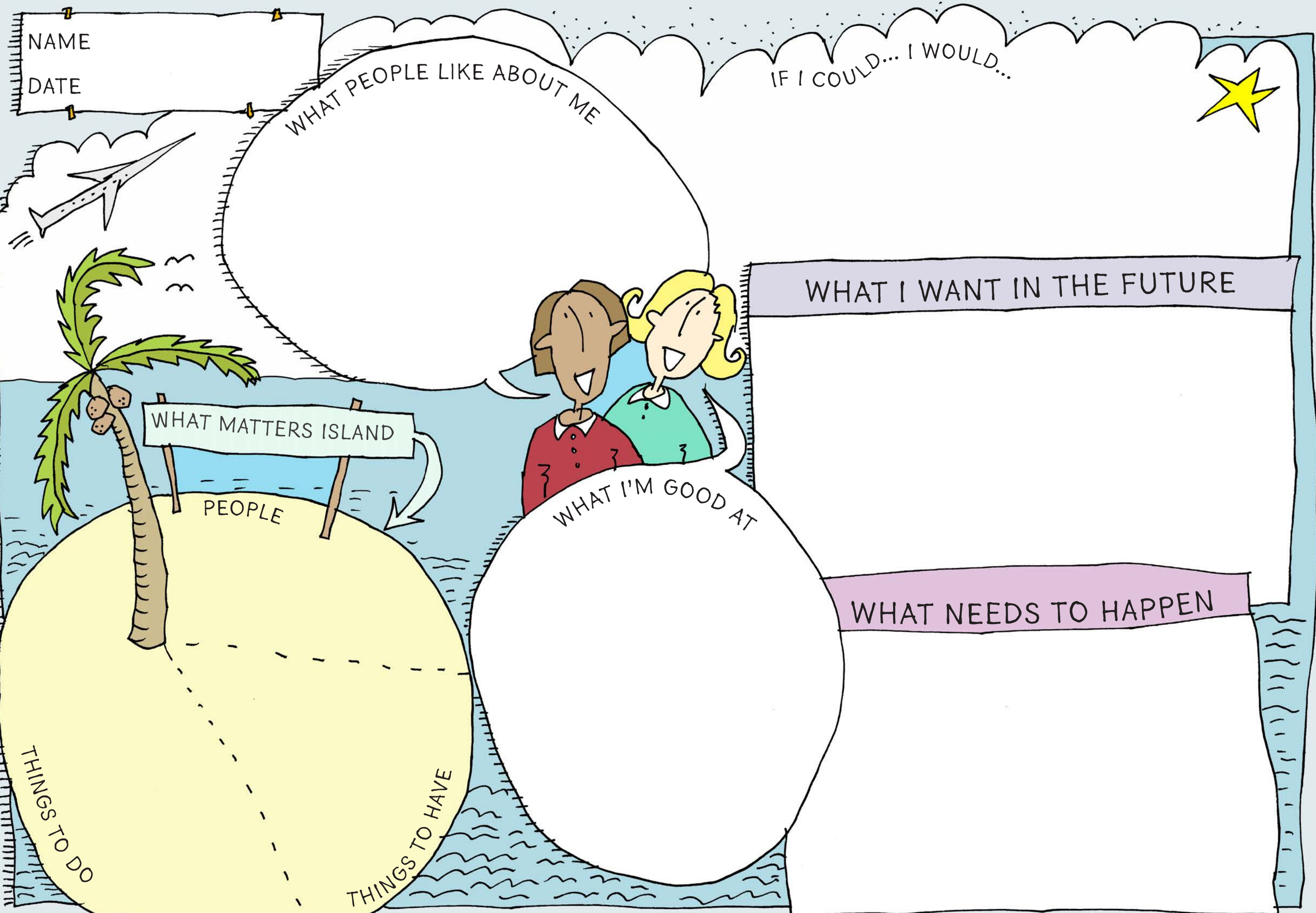
WHAT NEEDS TO HAPPEN

WHAT MATTERS ISLAND

PEOPLE

THINGS TO DO

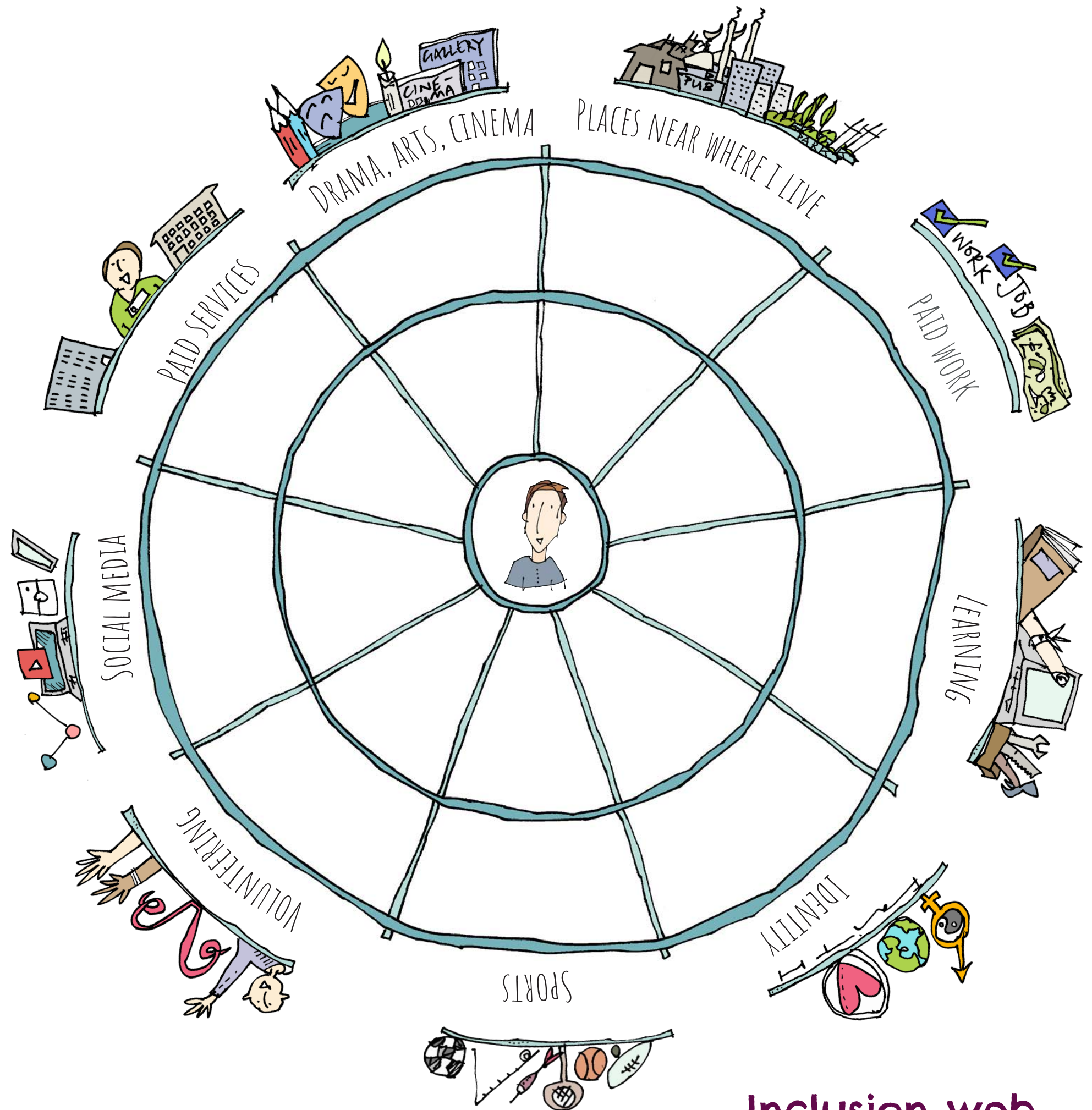
THINGS TO HAVE



PLACES I GO

PEOPLE I KNOW

PLACES		
EMPLOYMENT		
LEARNING		
IDENTITY		
SPORTS		
VOLUNTEERING		
SOCIAL MEDIA		
PAID SUPPORT		
DRAMA ARTS		



GOOD DAY

BAD DAY



WHAT DOES THIS SAY ABOUT WHAT MATTERS TO ME?

WHAT DOES THIS SAY ABOUT THE SUPPORT I NEED?

Perfect Week



MORNING



AFTERNOON



EVENING

MON

TUES

WED

THURS

FRI

SAT

SUN

Decision Making Profile

HOW I LIKE TO GET INFORMATION	HOW TO PRESENT CHOICES TO ME	WAYS YOU CAN HELP ME UNDERSTAND	THE BEST TIME FOR ME TO MAKE DECISIONS	THE WORST TIME FOR ME TO MAKE DECISIONS

Communication Passport



AT THIS TIME



I DO THIS



IT MEANS



YOU NEED TO



SUPPORT WANTED OR NEEDED

SKILLS THAT ARE NEEDED

PERSONALITY CHARACTERISTICS NEEDED

SHARED COMMON INTERESTS (WOULD BE GREAT TO HAVE)

Presence to contribution



OPPORTUNITY TO CONTRIBUTE

OPPORTUNITY TO CONNECT

ACTIVELY PARTICIPATING

HAVING PRESENCE

BEING PRESENT

ACTIVITY



Website

www.preparingforadulthood.org.uk

Contact Information

info@preparingforadulthood.org.uk | 01225 789 135

Social Media

@PfA_tweets | | @preparingforadulthood

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